







		Monday	Tuesday	Wednesday	Thursday	Friday
This week our Breakfast Special is: Chicken Fried Steak Combo 7.50	Closed	Sweet and Sour Chicken W/ Stir Fry Veggies and Rice 8.00	Carved Roast Beef W/ Mashed Potatoes, Gravy and Green Beans 8.00	Taco Salad (beef or chix) W /Rice & Beans---3 Corn Taco (option) 8.00	Fish & Chips W/ Coleslaw 8.00	
	Closed	Jalapeno Bacon Burger W/ FF or Potato Salad 7.50	Italian Burger W/ FF, Side Salad or Potato Salad 7.50	Nachos Supreme 7.50	Meatball Sub W/ Pasta Salad 7.50	
	Closed	Veal Parmesean W/ Pasta and Veg 8.00	Tuna melt W/ FF, Side Salad or Potato Salad 6.50	Corn & Black Bean Burritos W/ Rice & Beans 8.00	Crab Melt W/ FF or Side Salad 6.50	
						
Daily Salad	Closed	Italian Pasta	Ranch pasta	South West	Chef's Choice	
Soup of the Day	Closed	Chicken Rice	Beef Stew	Chili	Clam Chowder	
 Healthy Choice						

October 8 2018 W-6

Federal Building Cafeteria
Pentagon North, Inc.

222 West 7th Avenue
Anchorage, AK 99513

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